



2010 Class Schedule



Curriculum Classes	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Little Ninjas Basic	6:00 - 6:30pm		6:00 - 6:30pm			10:00 - 10:45 am
Little Ninjas Advance		6:00 - 6:30pm		6:00 - 6:30pm		10:00 - 10:45 am
Fire Dragons Basic	5:00 - 5:45pm	5:00 - 5:45pm	5:00 - 5:45pm	5:00 - 5:45pm		10:00 - 10:45 am
Fire Dragons Advance	5:45 - 6:30pm	5:45 - 6:30pm	5:45 - 6:30pm	5:45 - 6:30pm		10:00 - 10:45 am
Adult Training Basic (Arnis)	6:30 - 7:30pm	6:30 - 7:30pm	6:30 - 7:30pm	6:30 - 7:30pm		11:00am - Noon
		11:30am - 12:30pm		11:30am - 12:30pm		
Adult Training Adv (Arnis)				7:30 - 8:00pm		

Specialty Classes	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sparring & Demonstration					6:30 - 7:30pm	
Black Belt & Masters Club					5:30 - 6:25pm	
MMA - Kick Boxing		7:30 - 8:30pm		7:30 - 8:30pm		9:00 - 9:45am
MMA - Grappling	7:30 - 9:00pm		7:30 - 9:00pm			
CIT Instructor Training			4:00 - 5:00pm			

Schedule subject to change. Private Lessons are available.

Phone: 675-0899 E-mail: admin@horizonma.com

School website: www.horizonma.com School web forum: www.fmatalk.com